

Champions for Change



We need more walking programs that target seniors in our community.

Eusebio C.
Champion for Change

Health Advocates

We are encouraging other seniors in the community to lead healthier and more social lives.

Community Leaders

We are empowering seniors to make time to walk and take back our neighborhoods as a unified walking group front.

Making a Difference

We are making a difference in our community through healthier eating, getting more physical activity and personal development.



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