



THE MILLS-PENINSULA HEALTH SERVICES' AFRICAN AMERICAN COMMUNITY HEALTH ADVISORY COMMITTEE



“Sharing Knowledge for Life”

**“Institute Nutrition
Education Programs
in the Faith
Community”**

Strategies and Suggestions to Consider and Remember

- Trust
- Patience
- Respect – remember you are in their house
- Work through Health Professionals
- Nutrition and health is not the church's primary mission
- Start with children
- Offer programs around awareness month programs

Most Congregations Have an Infrastructure of Material Goods

- Meeting Space
- Vans for Transportation
- Bulletin Boards
- Copying Machines, Paper
- Public Address systems
- Computers
- Websites

Con't.....

- **Parishioners**
- **Trained Volunteers/Church Liaisons**
- **Know where to obtain resources**
- **Know how to organize a screening/health fair**
- **Know key health professionals for consultations and speakers**
- **Know where to find funding for new initiatives**
- **Provide moral and spiritual capital to the community**

Challenges and Barriers.....

- Clergy who are “luke” warm towards incorporating a healthy ministry program at their church
- Scheduling for community-wide event that conflicts with other church activities
- Collaborating organizations/agencies who aren't appreciative of the culture of some congregations

Con't.....

- Interested congregation – uninterested leadership
- Funding/Incentives
- Maintaining respect and integrity and keeping everyone on board
- Tradition and culture that conflicts with recommended health practices

Examples of
AACCHAC's
Accomplishments
Since 2008



Out

of

Service

This

Week

11-15-08

recycle!









*THANK YOU!
AND
HERE IS HOW TO REACH
US!!!!!!*

WWW.AACHAC.ORG