

POLICY READINESS ASSESSMENT TOOL RESULTS KEY

The Readiness Assessment reveals your organization's readiness to develop and adopt a healthy beverage/wellness policy. You may find that your organization is set to begin the policy process, or your organization may be wary of policy change and your efforts should start with changing awareness and attitudes about healthy and sugary drinks.

Complete the assessment by choosing the statement (A, B or C) in each row that best describes your organization. Some questions in the assessment sound very similar, but each question asks about an important characteristic of your organization. Please read each question carefully.

Once the questionnaire is completed, tally up the total number of As, Bs and Cs.

If your organization received mostly As: the organization is an *Innovator* and open to policy change. You're ready – get working on your healthy beverage/wellness policy.

If your organization received mostly Bs: the organization is in the *Majority* and will feel most comfortable adopting a healthy beverage/wellness policy when other organizations are adopting similar policies. You are in luck – organizations around the Bay Area are adopting Healthy Beverage policies (see BANPAC.org) - join the crowd and start working on your healthy beverage/wellness policy now.

If your organization received mostly Cs: the organization is a *Late Adopter*. Focus on changing beverage knowledge and awareness. Help your organization become aware of the negative health consequences of sugary drink consumption as well as the times and places that sugary drinks are available within your organization. Talk with colleagues and organizational leadership about practice changes that promote healthy beverages. See BANPAC.org for steps you can take to build support for healthy beverages.

Adapted from : Generations Community Wellness and Nykiforuk, C.I.J., Atkey, K.M., Nieuwendyk, L.M., Raine, K.D., Reed, S., & Kyle, K. (2011). Policy Readiness Tool: Understanding a City's Readiness for Policy Change and Strategies for Taking Action. Edmonton, AB: School of Public Health, University of Alberta.

POLICY READINESS ASSESSMENT TOOL

Policy-readiness Assessment Tool			
A	B	C	Response A, B, or C
The agency is comfortable being among the first to try a new policy.	The agency usually goes along with other agency's recommendations about trying new policies.	The agency is uncomfortable trying new policies.	
The agency would prefer to be the first to establish policies that promote healthy beverages.	The agency would prefer to wait until a policy that promotes healthy beverages for agency staff and clients be implemented in other agencies before adopting it.	The agency would prefer to wait for the county/state to adopt policies that promote healthy beverages to create a level-playing field for all agencies.	
Incentives would motivate my agency to consider implementing a policy to promote healthy beverages.	Incentives might motivate my agency to consider implementing a policy to promote healthy beverages.	Incentives would not motivate my agency to consider implementing a policy to promote healthy beverages.	
It is very important to the agency's professional reputation to be the first to implement a healthy beverage policy.	It is somewhat important to the agency's professional reputation to be the first to implement a healthy beverage policy.	It is not important to the agency's professional reputation to be the first to implement a healthy beverage policy.	
As one of the first agencies in the Bay Area to implement a healthy beverage policy, the agency will encourage other agencies to follow suit.	Encouragement from other agencies is the only reason the agency would adopt a healthy beverage policy.	Requirement from the county/state or funder is the only reason the agency would adopt a healthy beverage policy.	
It is important for agency staff and clients to be well aware of efforts for implementing a healthy beverage policy.	It is somewhat important for agency staff and clients to be well aware of efforts for implementing a healthy beverage policy.	It is not important for agency staff and clients to be well aware of efforts for implementing a healthy beverage policy.	
Within the agency there are many facilities, programs and resources that promote healthy eating and wellness.	Within the agency there are some facilities, programs and resources that promote healthy eating and wellness.	Within the agency there are few facilities, programs and resources that promote healthy eating and wellness.	
Establishing a wellness policy that promotes healthy beverages, food, and physical activity would improve the overall health of agency staff and clients.	Establishing a wellness policy that promotes healthy beverages, food and physical activity would somewhat improve the overall health of agency staff and clients.	Establishing a wellness policy that promotes healthy beverages, food and physical activity would not improve the overall health of the agency staff and clients	