

Free Nutrition Education Trainings

Skills Density Training

June 28, 2007—9:00 AM-11:30 PM
Alameda County Office of Education, 313
West Winton Ave., Room L-1
Hayward, CA • Phone: 510-670-4583

This interactive training introduces Network for a Healthy California-funded coordinators and teachers working with youth to skills-based instruction aligned with the National Health Education Standards. During this training participants will:

- Use “nutrient density” and “skills density” to measure food and instructional value
- Learn the National Health Education Standards and the importance of nutrition skills-based instruction to student behavior change
- Identify skills-based activities and existing resources for kindergarten - grade 12



For more information, please contact:

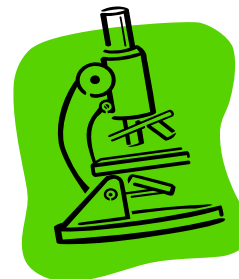
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These trainings are developed and presented by the California Healthy Kids Resource Center with funding from the *Network for a Healthy California*.

Presented by the
California Healthy Kids Resource Center

www.californiahealthykids.org



Science and Nutrition Links

June 25, 2007—9:00 AM—3:30 PM
Don Edwards National Wildlife
Refuge, 9500 Thornton Ave.
Newark, CA • Phone: 510-792-0222

This engaging training prepares Network for a Healthy California-funded coordinators and teachers to use the draft Science and Nutrition Links resource.

During the training participants will:

- Receive a copy of the ten-lesson resource, that includes lessons for kindergarten and grades two, four, five, seven, and eight
- Learn to provide standards-based, integrated science and nutrition instruction through inquiry, investigation, and skills-based instruction
- Discover assessment techniques and research-based resources that can be used for integrated instruction

