



# Did You Know You Can Have a Bountiful, Nutritious School Garden in the Winter?!

## Come Learn More!

**WHO?** The Nutrition Education Training Academy

**WHAT?** A workshop on starting your winter school garden and preparing simple snacks using the FRUITS AND VEGETABLES from your garden!

**WHERE?** Martin Luther King CDC  
Enter thru the gate next to:  
959 12TH STREET  
Oakland CA 94607

**WHEN?** Saturday November 10, 2007  
8:30am-12:00pm

TELL YOUR FRIENDS AND COLLEAGUES!  
ALL TEACHERS, IA'S AND SECRETARIES ARE INVITED!  
WEAR COMFORTABLE CLOTHES AND SHOES!!

You will receive 3.0 Professional Growth hours.

**Please pre-register with *Rachel Amare* by calling (510) 777-2185 or emailing [racoffin@ucdavis.edu](mailto:racoffin@ucdavis.edu)**

Funded by the USDA's Food Stamp Program through the Network for a Healthy California. This institution is an equal opportunity provider and the Food Stamp Program provides nutrition assistance to people with low income. It can help you buy nutritious food for a better diet. For more information about the Food Stamp Program call 1-888-328-3483.

