

Please Join Us!

2009 4TH ANNUAL PHYSICAL ACTIVITY & NUTRITION FORUM



Reconnecting Communities to the Bay Area Outdoors A Green Path to Wellness

Friday, June 19, 2009

8:30 am – 4:00 pm

Fort Mason • San Francisco, California

-Presented by-

The Network for a Healthy California-Bay Area Region and The American Heart Association

This free, day-long forum brings together public health, education and parks professionals, clinicians and others to discuss how effective outdoor physical activity & nutrition programming and parks resources can provide healthier lives for Food Stamp Eligible families.

MORNING SPEAKERS

"Bringing Nutrition, PA and Parks to the Public Health Table"

Mitch Katz, Director of Public Health, San Francisco County

"Reconnecting Communities to the Bay Area Outdoors"

Keynote Speaker: Doug McConnell, host of Open Road with Doug McConnell

MORNING PANEL

"Using Parks to Bridge Diverse Communities and Enhance Californians' Health"

Lisa Cirill, Acting Chief, California Center for Physical Activity

Nina Gordon, Senior Policy Coordinator, Interpretation and Education Division, California State Parks

AFTERNOON INTENSIVES

- ▶ **State and National Parks Resources and Partnership Opportunities** - Sedrick Mitchell, Deputy Director, California State Parks; Jane Adams, California Parks and Recreation Society; Michele Gee, Golden Gate National Parks Conservancy.
- ▶ **The ABCs of Joint Use Agreements: Basic Concepts, Structuring Agreements, How to Make It a Win/Win, Model Programs, Steps for Success** - Manal Aboelata, Program Director, Prevention Institute and Chair of Joint Use Statewide Taskforce; Dr. Robert Ogilvie, Program Director, Planning for Healthy Places, Public Health Law and Policy; Mike Stallings, Daly City Parks and Recreation.
- ▶ **Community Collaborations for New Initiatives and Model Programs – How They Did It** - Dave Holland, Director, San Mateo County Department of Parks; Bria Cartwright, Executive Director, The YMCA at Camp Arroyo; Jim O'Connor, Deputy Director of Park Operations, Santa Clara County.
- ▶ **Local Food and Nutrition Action Committee – Successful Strategies for Creating Better Local Food Systems Through Nutrition Education** - Three LFNE projects present program highlights and lessons learned.

EXPERIENCE

Gospel Praise Dance, Continuous Physical Activity Mini Classes During Lunch, Afternoon Yoga, Historic Fort Mason Walk with Doug McConnell.

Dress to MOVE! Lunch will be provided.

To register, click here or visit the following site:

http://www.barnn.org/d_meeting_registration.asp

For more information contact: Carmen Bogan, Bay Area Region Physical Activity Coordinator at paforum09@pacbell.net



This material was produced by the California Department of Public Health, Network for a Healthy California, with funding from the USDA Supplemental Nutrition Assistance Program (formerly the Food Stamp Program). These institutions are equal opportunity providers and employers. In California, food stamps provide assistance to low-income households, and can help buy nutritious foods for better health. For food stamp information, call 877-847-3663. For important nutrition information visit www.cachampionsforchange.net.



supported locally by a grant from KAISER PERMANENTE.