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emy is a comprehensive school-based nutrition education program for early-childhood age children. The program aims to improve children's behavior that leads to a higher intake of fruits and vegetables and an active lifestyle. NETA works with parents improving food access and helping communities improve their overall health and well-being.

Parents play a critical role in the NETA program . The Community Nutrition Mobilization (CNAM) is a community-based program for NETA parents. The program prepares parents as community nutrition educators and community leaders to improve food access and overall health.

University of California Cooperative Extension Alameda County

1131 Harbor Bay Parkway Suite 131

Alameda, CA 94502

Phone: 510.567.6812

Fax: 510.748.9644

UCCE Website: cealameda.ucdavis.edu

Collaborators



Community Child Care
Coordinating Council (4C's)
of Alameda County

Who should attend?

Early Childhood Teachers/ Providers,
Parents, Nutrition and Physical Activity
Organizations, Food Security Agencies
and Health Care Providers.

Parents are invited to attend.

Children are welcome. Nutrition and
Physical Activities will be available for
children ages 3-5 during symposium
hours.

Funded by the USDA Supplemental Nutrition Assistance Program, an equal opportunity provider and employer. For more information about Food Stamps call 1-888-328-3483.

University of California Cooperative Extension Alameda County



Nutrition Education Training
Academy
(NETA)

Invites you to attend our

10th ANNUAL

NUTRITION SYMPOSIUM

For Early Childhood Professionals

“ Creating Healthy Change for
Children: The Power of
Community ”



Saturday, May 2, 2009

8:00 AM—4:00 PM

At

Samuel Merritt

Health Education Center

Oakland, California





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Samuel Merritt
Health Education Center
400 Hawthorne Avenue
Oakland, CA 94609

- 8:00 AM Registration & Light Refreshments
- 8:30 AM Welcome and Introductions
- 9:00 AM Keynote Speaker
- 9:30 AM Early Childhood Track
A panel of experts will present best practices in nutrition education that can be used in the classroom.
- 11:00 AM Overview of Nutrition Policies
A panel of experts will discuss the current status of federal food programs affecting the field of early childhood.
- 12:00 PM Noon Break & Cooking Demonstrations
- 1:30 PM Champions for Change Panel
Hero moms share their experiences on what inspires them to make healthy changes and continue advocating for community wellness.
- 2:45 PM Physical Activity Track
Experts will present best practices in physical activity that can be used in the classroom and at home.
- 3:45 PM Closing / Evaluations

NETA NUTRITION SYMPOSIUM

REGISTRATION INFORMATION

DEADLINE: FRIDAY, MAY 1, 2009

REGISTER BY MAIL, FAX ,PHONE, WEB, OR E-MAIL

For non-OUSD registrants:

Checks are payable to: **UC REGENTS**

Cash will be collected at the door.

Mail Registration and checks (if applicable) to:

UCCE—NETA
1131 Harbor Bay Parkway #131

Alameda, CA 94502

Or fax to: 510-748-9644

Note: OUSD attendees will receive a certificate of 8-hour completion towards their Professional Development.

For more information

CONTACT: MIRANDA CHEUK
510.567.6812 OR 510.639.1363
mcheuk@ucdavis.edu

Web: <http://cealameda.ucdavis.edu>



REGISTRATION FORM

Saturday, May 2, 2009

Name of Registrant: Please print

Name: _____

Organization: _____

School District: _____

Mailing Address: _____

City: _____ State: _____ Zip Code: _____

Phone: _____ Fax: _____

Email: _____

Method of Payment (if any): Check Cash

Total Enclosed: \$ _____

Non-OUSD = \$15.00 per person

Please choose one AM workshop and one PM workshop. Spaces are limited.

AM SESSION 9:30-10:30—CHECK ONE BOX

Rethink Your Drink Campaign: Educating families about the importance of eliminating products high in sugar.

Nutrition Matters Curriculum: Brings Nutrition, Gardening and Physical Activity into the classroom.

Women, Infants, & Children: Usefull information about the WIC Foods Roll-Out.

Desired Results: Connect Nutrition and Physical Activity to Desired Results.

PM SESSIONS 2:45-3:45—CHECK ONE BOX

How to Use Physical Activity in the Classroom?

Practicing Yoga Relaxation & Exercise Techniques.

Using Afro American movement for Physical Activity.

Using Latino movement for Physical Activity.