



A special presentation for doctors in Santa Clara County

Starting Obesity Prevention in Infancy: The FIT WIC Baby Behavior Study

Thursday April 14, 2011

11:45 am to 12:45 pm

Santa Clara Valley Medical Center

Valley Specialty Clinics
751 South Bascom Avenue, San Jose CA 95128
Basement Auditorium

Speaker:

Jane Heinig, PhD, IBCLC

Executive Director & Academic Administrator
UC Davis Human Lactation Center

"She spoke at Grand Rounds (mostly doctors) and was very well received. Everyone loved it! Many questions, stayed late."

Nancy E. Wight, MD, IBCLC, FABM, FAAP
Attending Neonatologist, Sharp Mary Birch Hospital for Women
Medical Director, Sharp HealthCare Lactation Service
San Diego, CA, USA

Objectives - *By the end of the session, participants will be able to:*

1. Describe at least 2 behaviors that may mislead parents into thinking their infants are hungry
2. Differentiate the 6 infant states of arousal and awareness
3. Demonstrate the ability to distinguish between different types of infant cues
4. Describe normal sleep patterns in the first 4 months of life

RSVP by April 7th to sudharani.narasimhan@hhs.sccgov.org
or kathy.sweeney@phd.sccgov.org

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Presented by:

Santa Clara Valley Medical Center Division of Neonatology
Santa Clara County Public Health Department
Chronic Disease & Injury Prevention
WIC Program
FIRST 5 Santa Clara County



Chronic Disease and Injury Prevention
Public Health Department

