

BANPAC Be Sugar Savvy/SFS Committee
Teleconference Minutes
March 17, 2010
877-814-7306 and use pass code 2222384#

Attendees: Darlene Fujii (Alameda), Jo Seavey-Hultquist (Santa Clara), Mark Elkin (SF) Maritza Rodriguez (SCCPHD), Mark Elkin (San Francisco --SFUSD), Lisa Craypo (evaluation), Tuline Baykal (Youth Action/Power Play!), Susan Karlins (BANPAC), Julie Maniord (Desert Sierra)

- ❖ Sugar Savvy Train-the-Trainer: Review of Updated Curriculum (Darlene) /Timeline to be on www.banpac.org, and county training plans (Susan)
 - Reviewing final draft of text changes—if final—graphic designer to make final changes.
 - It did require change because of pounds of sugar per day. Also change to Sugar Shockers handout. Should be ready in next few days.
 - Translation to Spanish shouldn't take too long.
 - Hoping to have finals done by Friday. Will send in whatever form on Friday. In a Word doc even sooner.
 - Will send copy Monday for photocopying.
 - Susan to get on website when finalized version.
 - Any other training dates—AC will send.

- ❖ DWSTO: (Jo)
 - **Group input on reply card**
 1. Agreed to add how to compute how many teaspoons of sugar in a beverage
 2. Agreed to remove tracking form. Positive value to provide email for sending a tracking form. Direct only to www.banpac.org for a year round resource—will have links to SFS.org and CCPHA at BANPAC website.
 3. Agreed to request email address will be entered into a raffle for free prizes—each county to contribute something.
 4. Soda is the #1 sourced of **ADDED** sugar
 5. Delete milk or water
 6. BANPAC has more than 200 health-related organizations
 1. ___I pledge to be soda free
 2. ___I pledge to keep my family healthy by cutting sugary drinks and foods
 3. ___I pledge to help make my school, workplace or community a healthier place (a place with healthy beverage options—per Maritza)
 4. Please send us your email address to receive great idea/ the next steps you can take and to be entered into a raffle for great prizes.
 5. Could do survey monkey later on.

- ❖ Soda Free Summer brochure (Darlene/Susan)
 - Plans to sticker/remove reply card—for LC meeting
 - **Make sure none of your partners sends out the current card—every county should contact all partners**

Per 2/18/10 Leadership Council meeting, reply card choices will point to a spectrum of prevention and be returned to BANPAC—with wording such as

___ I pledge to have a Soda Free Summer!

___ Please send information on how I can make my community *sugar savvy* all year round

Name _____ Email Address _____
County you live in _____

NEXT Call Thursday, April 1 @ 9AM -- call 877-814-7306 and use pass code 2222384#

Paula's suggestion 3/4/10:

I want to join the *Rethink Your Drink* movement. have included my email address and county of residence below for more information and to be in a raffle for free gifts.