

**BANPAC Rethink Your Drink Committee
July 22, 2013**

**Conference Line: Teleconference Line: 866.708.7495 Participant code:
9154555# Leader code: 5711557#**

Agenda

Chairs: Jennifer Gross, San Mateo Co Health Services and Ericka Doolittle, Alameda County Nutrition Services

Participants: Nan Moon and Maryanne Smitt, Community Worksite Wellness Kaiser Permanente San Rafael Medical Center, Stephanie K. Nguyen (BANPAC Intern), Susan Karlins, BANPAC Coordinator (Santa Clara County Public Health Department) Julie Engberg (San Mateo Foster City School District), Jennifer Gross (San Mateo Co), Colleen Haesloop, LPCH Stanford, Gwenn White

3:00 Introductions: Ericka Doolittle

3:10 BANPAC Update

3:15: Rethink Your Drink Update from Around the Region with Questions and Challenges: Jenn Gross

3:45 Adjourn Next Meeting August 22, 2013 at 3PM.

KP San Rafael: infuse RYD into many activities; want to target to peds and adult members; Maryanne is working on two tabling events on August 1: in two busy entryways: Use a trifold exhibit to show how much sugar in typical beverages and on either sides—an exhibit of kinds of sugar and 3rd panel: healthy options. Jennifer suggested using the Dexter and Martina PSAs. Gwenn suggested using a wheel and water tasting. Colleen: water stations have worked well at exhibits.

San Mateo Foster City School District: Even year-round schools are on vacation. Used Potter in K and Grades 1-3. Parent workshops include the RYD message. Stand up puppets take a long time—how to incorporate into time-restricted school based programs? SK: leave for teachers when some students are finished with work. JG: give to after school groups.

Lucille Packard Children's Hospital: passing out materials in peds clinics; asking parents and children to complete pledge cards, have created display posters that use throughout the year. Display with sugar cubes gives the idea how much sugar is really there. The exhibits have integrated the sugar in foods as well. They get questions about sugar in soda vs. juice. Will be at Menlo Park Art and Wine Festival and will be Aug 24 and 25 at Palo Alto Art and Wine Festival. Will ask Melissa to track on BANPAC.org. A lot of staff effort to make an impact at these events.

Contra Costa Health Services: RYD is part of 5 class series with Richmond Homeless Program; this weekend will be at Iron Triangle Picnic; on August 3rd will be at African American Baby Shower in Pittsburg; and Bethlehem Health Fair. They are missing having thousands of handouts to give out as in previous years.

Alameda County Nutrition Services: have been doing direct education to youth at Oakland Parks & Rec and Libraries with Summer Feeding Programs and a few mini-training workshops. Ericka will follow up with tracking

San Mateo County: South San Francisco just passed their wellness policy; San Mateo is beginning to work with Foster City, another city and some CBOs.