

School Wellness Work Plan

Goal 1: Improve nutrition and physical education/activity outcomes in schools.				
Objective	Action Steps	Participants/Partners	Indicators of Success	Key Audience
By September, 2007, provide training and resources to school districts (working with at least 12 schools serving at least 50% free and reduced-price meals) to encourage implementation and evaluation of the School Wellness Policies.	<ol style="list-style-type: none"> 1. Work group subcommittee to assist school districts with at least 1 50% free/reduced price meals school in implementing school wellness policies by offering trainings, offering materials and offering TA and resources. <ul style="list-style-type: none"> • Conduct at least 3 training workshops • Disseminate wellness implementation toolkit • Collaborate with California Dept of Ed., Calif. Project Lean, Calif. School Board Assoc., and A for Healthy Kids to conduct workshops and disseminate materials • Focus additional TA on schools with greater than 50% free and reduced price meal students 2. Support Coordinated School Health Model in contacts with schools and school districts <ul style="list-style-type: none"> • Educate BANPAC members regarding Coordinated School Health • Identify appropriate 	Team: Laurie, Zetta, American Cancer Society, Deborah Norton , Holly, Dairy Council	<ul style="list-style-type: none"> • # of workshops conducted • # of attendees from different Bay Area counties • Toolkit posted on website • # of low-income school district personnel that attend workshops 	School wellness committee to consist of parents, youth, school district administrators, community members, teachers and principals

	<p>communication channels for reaching out to schools with CSH messages</p> <p>3. Identify appointed BANPAC county delegate to stay abreast of existing information in schools and report back to BANPAC school workgroup for planning and evaluation purposes.</p> <ul style="list-style-type: none"> • Point person in each county will make sure materials are distributed and will evaluate how well they are used. • Disseminate funding information about nutrition and physical to school districts and schools • Provide forums for sharing best practices and lessons learned for people working in each county • Develop relationships with each Bay Area County Office of Education 	<p>Holly, Anaa, Linda, Eliana, Charlotte,</p>	<p>Report given at least quarterly to school workgroup.</p>	
<p>Encourage community mobilization around nutrition and physical activity issues.</p>	<p>1. Work with Calif. Center for Public Health Advocacy to conduct at least one mobilizing-parent workshop with low-income schools or school districts.</p>	<p>CCPHA, school districts</p>	<p>Workshop conducted</p>	