

Goal: All organizations represented at BANPAC will adopt Healthy Beverage Practices and Policies

	Practice →	Policy Development →	Policy Passage →	Policy → Implementation
Emerging	<ul style="list-style-type: none"> <input type="checkbox"/> Notice that sugary beverages are served at meetings, activities and/or public events. <input type="checkbox"/> Become aware of the impact that sugary beverages, unhealthy vending, and sugary snack foods have on clients, constituents and staff <input type="checkbox"/> Talk with colleagues about your concerns 	<ul style="list-style-type: none"> <input type="checkbox"/> Consider what type of policy would work best for the organization <input type="checkbox"/> Become aware of the advantages of having a written healthy beverage policy 	<ul style="list-style-type: none"> <input type="checkbox"/> Draft a policy <input type="checkbox"/> Get input from colleagues and managers—sample policies available at http://www.banpac.org/toolkit_hfbpe.htm 	<ul style="list-style-type: none"> <input type="checkbox"/> Consider who has to be educated about what to make the policy work
Under Development	<ul style="list-style-type: none"> <input type="checkbox"/> Conduct an organizational assessment to see where change could be implemented. Sample assessments at http://www.banpac.org/toolkit_hfbpe.htm <input type="checkbox"/> Research champions (organizational leaders who will push for healthy beverage practices) and allies (colleagues/ co-workers who will support healthy beverage practices) <input type="checkbox"/> Build a team to support your efforts <input type="checkbox"/> Meet with champions, allies, and/or organizational wellness committee, HR, or management about how a healthy beverage practice will serve organizational goals & how it can be done <input type="checkbox"/> Lead by example (make a personal practice of serving only healthy beverages at organizational events or meetings) 	<ul style="list-style-type: none"> <input type="checkbox"/> Define the conversation about organizational values and leading by example (and steer away from arguments about. “freedom from regulations”) <input type="checkbox"/> Research champions (organizational leaders who will push for healthy beverage practices) and allies (colleagues/ co-workers who will support practices changes) <input type="checkbox"/> Build a team to support your efforts <input type="checkbox"/> Consult BANPAC’s online Toolbox for samples of organizational policies @ http://www.banpac.org/toolkit_hfbpe.htm <input type="checkbox"/> Consider what types of standards would work best for your organizations (meetings, events, vending, procurement, what is brought by individuals—to youth programs or lunch rooms) 	<ul style="list-style-type: none"> <input type="checkbox"/> Solicit input from a range of people/positions who will have to implement a policy <input type="checkbox"/> Negotiate changes <input type="checkbox"/> Revisit reluctant constituencies and leaders 	<ul style="list-style-type: none"> <input type="checkbox"/> Develop/ identify/ procure educational materials and messages—see www.banpac.org <input type="checkbox"/> Educate members of organization about the policy and how to implement it

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<p>Fully in place</p>	<ul style="list-style-type: none"> <input type="checkbox"/> Make presentations to colleagues and management or committees on the advantages of a healthy beverage practice and how it can be implemented <input type="checkbox"/> Post signs about healthy beverage choices—or the ReThink Your Drink posters <input type="checkbox"/> Get agreement from a sizable group of staff and management about a healthy beverage practice 	<ul style="list-style-type: none"> <input type="checkbox"/> Meet with champions, allies, and/or organizational wellness committee, HR, or management about how a healthy beverage policy will serve organizational goals & how it can be done <input type="checkbox"/> Get input from people in your organization that will have to implement the policy about what kind of policy would work <input type="checkbox"/> Lead by example (making a policy in your small part of the organization about serving only healthy beverages at organizational events or meetings) 	<ul style="list-style-type: none"> <input type="checkbox"/> Finalize a written policy <input type="checkbox"/> Get sign offs/board approval <input type="checkbox"/> Acknowledge successes <input type="checkbox"/> Thank participants 	<ul style="list-style-type: none"> <input type="checkbox"/> Monitor implementation <input type="checkbox"/> Acknowledge successes <input type="checkbox"/> Thank participants
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